

Working in Spittal, for Spittal

THE POINT

COMMUNITY CENTRE CLOCK

People have been wondering why the clock hasn't been working recently. It has to be wound at least once a week by hand. A few days before the clocks changed at the end of March, the pendulum had practically stopped swinging. On the Saturday before the clocks changed, it was stopped as usual at 8:45pm.

On the following day, the Sunday, the clock was due to be started at the new time of 8:45am. Luckily, before this took place, it was noticed that hands were actually at 7.45am an hour behind the bells. We thought we could rectify this ourselves by disconnecting the winding for the hands and manually turning this until we gained the hour, but the bells still chimed. We decided to stop as the bells ended up 3hrs ahead of the hands! We didn't want to chance it again, so we contacted the company in Derby who carry out the annual service on the clock. It is apparently more complex than what we thought so they are coming up to fix it. As they say, 'A little knowledge is a dangerous thing'!



NEW SIGNS

The sale of SECRET SPITTAL books has raised a profit of over £3,000. This has been used for heritage projects including the latest signs to be added last month are **Meeting House Yard** on the side of the Community Centre, **Princes Opens** at the Middle Street end and **The Brae** on the side of The Albert Hall, West Street. With thanks to the resident who installed them.



GARDENING NEWS

Preparation for **Tea in the Park** has already started. The pots have all been cleared in readiness for new planting. Many of the larger shrubs have had a good haircut to give the smaller plants more light. The weeds were trying to take over as usual. There is still much to do but now the bulbs are nearly over the gardeners can get access to the beds.

We will be having the usual stalls at Tea in the Park on July 7th. We are in need of teddies/soft toys for the teddy tombola. If you have any teddies you can bear to part with Liz is happy to look after them but any group member will be pleased to take them.

We would be grateful for any baking for the tea stall and any raffle or tombola prizes would be very much appreciated. I'm sure you will agree the village is looking great again.

The **Spittal Beavers** have adopted the wooden boxes outside the Community Centre and planted them and will be looking after them.

Well done all the gardeners.

Judging for the **Door Step Floral Competition** will take place towards the end of July with prizes and certificates, so now is the time to start thinking about your display. Go potty with planters and hanging baskets.

Mau Watkins, Chair, Spittal Gardening Group.

WHAT'S ON

TAI CHI in THE PARK from 7th June

The classes in the Spittal Community Hall, will cease for the summer and Tai Chi will be in Seafield Park, Sea Road, Spittal, weather permitting, from 7th June on Fridays from 11 am-12 noon until the autumn. New members welcome. The classes are free for all abilities but donations are welcome to cover costs. Wear loose clothing and comfortable flat shoes. You will have the individual choice of being in the sun or the shade.

Contact Pete Barnes, for further information.

Email: berwicktaichi@gmail.com

SUMMER WILDLIFE



SUMMER INSERTS

in 14 boards along the trail, from

Coronation Park in Berwick to the Spittal Cliffs, will be installed the week of 21st June.

See the website for the route, Explorer Quizzes for the kids, audios, wildlife identification pages, geology trail and travel information.

www.tweedandcoast.org

SPITTALS Table Top Sales

10am to 1pm
SATURDAY
15th June

SPITTAL
COMMUNITY HALL
MIDDLE STREET, SPITTAL
BERWICK-UPON-TWEED
TD15 1RZ

FREE ENTRY
Refreshments

The sales will cease for the summer and resume in October

Table Top Sellers must book in advance by emailing: spittalicbs@gmail.com

'A Place in Time'

Wed 26th/ Thurs 27th June
at 7pm

Venue Spittal Community Centre
See last the page for further details

Knit and Natter Group



We will be on the prom for
"Knit in Public"
Saturday June 8th from 10.30- 12 noon.
Come and join us for a chat and perhaps buy a raffle ticket for a lovely crochet blanket. All proceeds to charity.

A CONCERT inspired by the 400TH ANNIVERSARY OF BERWICK'S OLD BRIDGE

at 3pm on Sunday June 23rd
Spittal Community Centre,
Main Street, Spittal TD15 1RD

Admission is free

See last the page for further details

A NEW BUSINESS COMES TO SPITTAL WHICH HAS LOCAL FAMILY CONNECTIONS

You may have noticed the small change happening to a garage in Sea Road of late. The roller door has disappeared, and a door and window put in its place. If you've looked through the window you will have noticed a splash of peacock blue on the internal walls. This workshop come garage is getting new life put into it. Since January 2023 I've been through the planning process and onto conversion process to turn what would be 4 walls and a door into a sports massage therapy place.

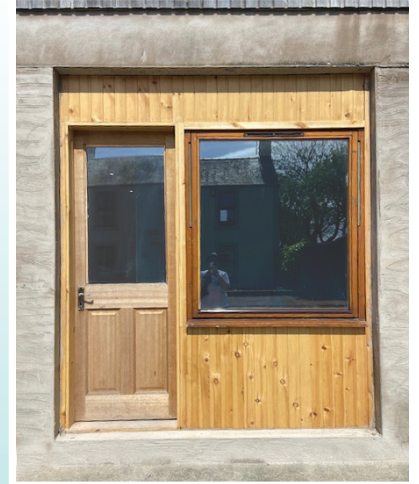
The workshop/garage was first built by my grandad when they downsized the family business from working in the large workshop that once stood on what is now 4 houses on Sea Road. The workshop held the business of A. C. Burn and Sons Joiners & Glaziers which had been in the family for many generations. The small workshop had stood dormant for a few years and the opportunity arose after Covid to do something to it.

My names Kiri and for the last 7 years I've run my business from the dining room along the road from here in my parents' house. I'm a sports massage therapist that's been slowly building my little business up over the time.

Healing Handz was born as I came to the end of my maternity leave from having my youngest son. I had gone back to college two nights a week leaving my 8-week-old at home in the care of his dad. I retrained my massage skills 2 evenings a week at Newcastle college where my journey began a few years before, but at 21 I didn't know what I wanted to do. Two children later I had the perfect opportunity to retrain and fall in love with massage all over again. This time it was time to make it my own business.



The new frontage ready for a sign



Over the years I've added to what I do. Healing Handz I have the following qualifications:

- Foundation degree in sports therapy
- Level 3 and 4 sports massage
- Medical (dry needling) acupuncture
- Cupping
- Pregnancy massage
- Indian head massage

I have other courses that I wish to add to what I do and hopefully it won't be too long till I am back on a course again.

You don't need to have an injury to come for a massage. I can do relaxing massage and ease the stresses away from shoulders and neck. My customers are a wide range of ages from my youngest customer being a boxer at the age of 12, and my oldest customer being 98, I cover a wide age range.

Keep your eyes peeled in June for Healing Handz making its official move into 1a Sea Road. I look forward to opening the doors and inviting you in.

Kiri Baker - Sports Massage Therapist
- info@healinghandz.co.uk - 07729 221128
- @healinghandzuk



SKELETON FOUND ON BEACH

This fascinating piece of pottery has been found on the beach. It shows the pelvis and legs of a skeleton. Do you have the top half or know what it was used for?

Such Stuff Productions present

'A Place in Time'

Dates: Wed 26th/ Thurs 27th June
Time: 7pm
Venue: Spittal Community Centre



**Tickets at the door, all £5
There will be refreshments and a raffle.**

In the early summer of 1665, a parcel of cloth arrived at the tailor Alexander Hadfield's shop in the Derbyshire village of Eyam. Unfortunately, it contained fleas and their eggs carrying the plague. Within a week, his young assistant George Viccars was dead, shortly followed by Hadfield himself.

As a result, a decision was made by Rev. Mompesson to lock the village down to contain the plague. "A Place in Time" tells the stories of some of the families affected by this decision.

Music is provided by Laid Back, incorporating some original songs adapted especially for this play. Although the time of the play is the 17th century, the music chosen is modern to reflect the group of tourists arriving at the village then proceeding to step back in time to relive the lines of the villagers.

If you, or someone you know, would like to receive 'THE POINT' monthly by email let us know by emailing mikegreener84@gmail.com.

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Follow us on    www.spittal.org.uk

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**The THURSDAY SINGERS, led by
Alison Coates, present:**

A CONCERT *inspired by the* **400TH ANNIVERSARY OF BERWICK'S OLD BRIDGE**

**at 3pm on Sunday June 23rd
Spittal Community Centre,
Main Street, Spittal TD15 1RD**

Including **Lucy Cowan and
The Edrom String Ensemble**
(With Spittal's own violinist **Ross Hume**)

Special guests **Hilary Bell** (singer) &
John Nichol (raconteur)

A happy combination of Old, New,
Scottish, and English entertainment
inspired by the Old Bridge's 400th year

**Featuring the Preview Performance of
'BERWICK BRIDGE'S BIRTHDAY'**
Commissioned for this anniversary year

Admission is free.

There is a raffle & donations
Proceeds go to The Food Bank & the
local Salvation Army



NEED A VENUE?

**Book the
SPITTAL COMMUNITY CENTRE**
Contact SIT

Let us know if you have a public event in
Spittal that you would like included in the
July 1st edition newsletter.
To avoid disappointment, please note:
that the deadline is June 18th.